

Session 3 – True Manna: We Trust in Jesus for All of our Needs

Written for our Instruction: OT Lessons on the Christian Life

I. The Manna from Heaven

NOTES:

A. *Observations on Exodus 16*

1. God's provision of manna was _____.
2. God's provision of manna was _____.
3. God's provision of manna was without _____.
4. God's provision of manna required _____ and _____.
5. God's provision of manna was _____.
6. God's provision of manna sustained _____.

B. *The Purpose of the Manna - Deut. 8:3*

1. Deut. 8 is an important passage because it gives us the _____ reason for the manna.
2. Here is the lesson of the manna. It's not that we don't need bread. We need food, we need clothing. But we also need something _____. We need to enter back into a _____ with God that is characterized by a trust in his word.

II. Interconnections

1. Exodus 16 and Deut 8:3 interact with the _____
2. Exodus 16 and Deut 8:3 interact with _____
3. Exodus 16 and Deut 8:3 interact with the _____
4. Exodus 16 and Deut 8:3 interact with _____

III. Jesus is the Bread of Life

A. *John 6*

1. Jesus miraculously feeds the _____.
2. The next day, the people come looking for Jesus wanting another _____.
3. The rest of the chapter spins out of this. The people are thinking in _____ terms about physical food that can fill their physical bellies. Jesus knows that they need _____ food because they are spiritually starving. In order to explain what he means, Jesus is going to compare himself with the manna that Israel ate in the wilderness.
4. Manna= Jesus and specifically Jesus _____ for us. V.35, 48, 51

5. Eating and drinking= coming to and _____ in Jesus. V.35
6. Jesus is not just describing a _____ event but a _____ feeding on Christ.

NOTES:

IV. Application and Significance

1. **Just as the manna was gracious, so God's provision of Jesus Christ is _____.**

2. **Just as eating the manna taught the Israelites humility, so trusting in Jesus teaches us _____.**

a) Humility is a true and accurate _____ of who I am before God.

b) We will not come to Jesus unless we are _____ to our spiritual need.

3. **Just as God did not vary the Israelites diet, so he does not _____ our _____.**

a) **Charles Stevens:** "Nothing reveals what we really are in our spiritual state so much as our attitude toward the manna. Does Christ satisfy? Are we taken up with Him?"

4. **Just as the manna demanded time and effort, so believing in Jesus demands _____ and _____.**

5. **Just as the Israelites ate the manna daily, so we trust in Jesus _____.**

a) You can't store the manna. You can't _____ faith! Faith must be exercised again and again and again.

6. **The manna only sustained life for 40 years, but the one who feeds on Jesus will _____.**